HELPLINES & SUPPORT

UNIVERSAL CREDIT- HELP TO CLAIM: 0800 144 8444 Includes a

dedicated service for those made redundant.



Offer help or request help: Corona Helpers



Somerset Coronavirus Support Helpline 0300 790 6275 7 days per week 8am – 6pm



Mendip District Council Coronavirus Helpline: 0300 790 6275



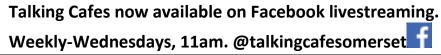
Citizens Advice Mendip 03 444 889 623



Mindline Somerset: 01823 276892 (24hr, 7 days a week)



support@sparksomerset.org for free funding database.





Every Mind Matters: self-care videos from celebrity parents & role models



AgeUK - advice about Coronavirus



Wellbeing & Mental Health: looking after yourselves & others (Health Connections Mendip, June 2020)



Confidential sector support & helpline 03000 111999
Royal Agricultural Benevolent Institution 0808 291 9490



Cancer & all life threatening illnesses- counselling charity Tel:01373 455255 info@wehearyou.org.uk.



Bereavement Support: Marie Curie Helpline 0800 3047 412 Monday-Saturday, 9am-5pm



RNIB Helpline 0303 123 9999



Hearing Aid batteries through the post: 01225 825602 (RUH, Bath)